

Centre for Preparatory Studies (CPS)

English Language Unit

English Level 2 (FPE 102B)

MOCK Final: Listening Exam

Term ____ , 20__ - __

Student Name											
Student ID											Date:
Section											Duration: 45 minutes

General Instructions

- Place your DU ID card on your desk throughout the examination period.
- Read the task instructions carefully.
- Use only a blue or black pen. (Pencil is allowed only for writing tasks.)
- Not allowed to use programmable calculators and/or smart-watches/phones or any other smart devices inside the exam hall.
- Must abide by DU's Academic Integrity Policy (AIP) - Policy No. DU-AC-007



Dhofar University's Academic Integrity Policy (AIP) is intended to foster hard work, honesty, and responsibility. It strictly prohibits all forms of academic misconduct, including cheating and collusion, plagiarism, and impersonation. By signing below, I agree to abide by the AIP.

تهدف سياسة النزاهة الأكاديمية بجامعة ظفار إلى تعزيز العمل الجاد والأمانة والمسؤولية و تحظر تمامًا جميع الأشكال التي تخالف النزاهة الأكاديمية، بما في ذلك الغش والتواطؤ والسرقة الأدبية والانتحال. بالتوقيع أدناه ، أوافق على الالتزام بسياسة النزاهة الأكاديمية.




Signature of the student _____


Listening		
Section 1		5
Section 2		5
Section 3		5
Section 4		5
Total		20


Marked by: _____	Checked by: _____
Signature: _____ Date: _____	Signature: _____ Date: _____


Listen and follow the instructions. Use the information below to fill in questions 1-5. Write NO MORE THAN TWO WORDS AND/OR NUMBER for each answer.

FITNESS CENTER CLASSES

 <h3 style="margin: 0;">CARDIO</h3> <p style="margin: 5px 0;">\$ 20 / person</p> <ul style="list-style-type: none">• Access to cardio area• Access to standard equipment• Monthly body analysis <p>Time: Group A: 4:00 am - 6:00 am Group B: 7:00 am - 9:00 am</p> <p>Location: Cardio Arena</p> <p>Included: • Diet Plan</p>	 <h3 style="margin: 0;">WEIGHT LIFTING</h3> <p style="margin: 5px 0;">\$ 30 / person</p> <ul style="list-style-type: none">• Full gym access• Personalized workout plan• Access to group fitness classes• Monthly body analysis <p>Time: Group A: 10:00 am - 12:00 pm Group B: 1:00 pm - 2:00 pm</p> <p>Location: Strength Studio</p> <p>Included: • Body Analysis</p>	 <h3 style="margin: 0;">YOGA</h3> <p style="margin: 5px 0;">\$ 25 / person</p> <ul style="list-style-type: none">• Personalized workout plan• Access to group fitness classes• Personal trainer <p>Time: Group A: 2:00 pm - 4:00 pm Group B: 5:00 pm - 7:00 pm</p> <p>Location: Yoga Room</p> <p>Included: • Online Resources</p>
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 **Phone Number:** 9338-4095
Office Number: 2329-7890

 help@fitgym.com

 www.fitngym.com

Cost

(Canva Pro, 2024)

1

Course information

2

3

Included in package

4

Additional information

5

Section 2

Questions 6-10

Grade ____/5

Listen to the health podcast. Choose the correct answer.

6 What is the main of the program?

- A) how to lose weight before the summer.
- B) how to plan your meals with an app.
- C) pros and cons of a fitness app.

7 Why did Marie-Ann use a fitness app?

- A) to lose weight.
- B) to become healthier.
- C) to do more exercise.

8 How did the fitness app help her?

- A) It taught her about healthy eating.
- B) It updated her exercise plan every day.
- C) It advised her what exercise to do.

9 According to Marie-Ann, what is one disadvantage of using the app?

- A) The app added extra calories to her list
- B) The app made her work out too hard.
- C) The app gave wrong exercising program

10 After the summer, what did Marie-Ann do?

- A) She continued her diet and exercise programme.
- B) She stopped using the app.
- C) She lost some more weight.

Section 3

Grade ____/5

Questions 11-15

Listen to the first part of a lecture about life expectancy. Write ONE WORD OR NUMBER ONLY from the lecture for each answer to complete the sentences.

- 11 First, the news might give _____ ideas about people’s health.
- 12 Second, life expectancy can be _____ from one part of a city to another.
- 13 In Wales, average life expectancy for men is 58.8 due to the _____ rate.
- 14 Next one is _____ which is a huge factor in reducing a person’s life expectancy
- 15 Finally, _____ is on the rise despite the warnings about healthy eating habits.

Section 4

Grade ____/5

Questions 16-20

Listen to a presentation about billionaires. Write NO MORE THAN THREE WORDS AND/OR NUMBERS from the presentation for each answer.

- 16 Write one group of people who benefit from billionaires? _____
- 17 What did the organization pay for in global health for children? _____
- 18 What did Carnegie’s father decide to look for in the USA? _____
- 19 According to Carnegie, what was his greatest work achievement? _____
- 20 Is the speaker attitude positive or negative towards billionaires? _____

References:

Cambridge University Press. (2015). *Billionaires*: Unlock Listening and Speaking Skills 3 Set2 End-of-level Test Photocopiable. Retrieved and Adapted January 11, 2025 from <https://www.cambridge.org/>

Cambridge University Press. (2015). *Health podcast*: Unlock Listening and Speaking Skills 3 Set3 End-of-level Test Photocopiable. Retrieved and Adapted January 11, 2025 from <https://www.cambridge.org/>

Cambridge University Press. (2015). *Life expectancy*: Unlock Listening and Speaking Skills 3 Set3 End-of-level Test Photocopiable. Retrieved and Adapted January 11, 2025 from <https://www.cambridge.org/>

Canva Pro. (2024). *In-house generated image of (Fitness center classes)* [Image]. CPS, Dhofar University.

Isler, O. (2025). Question Items. [Mock Final: Listening Exam]. CPS, Dhofar University.

The audio used for this listening exam (instructions and some content) is generated using the paid version of ‘Murf AI’ application.

Murf AI. (2025). Murf AI (Version 2) <https://murf.ai/>